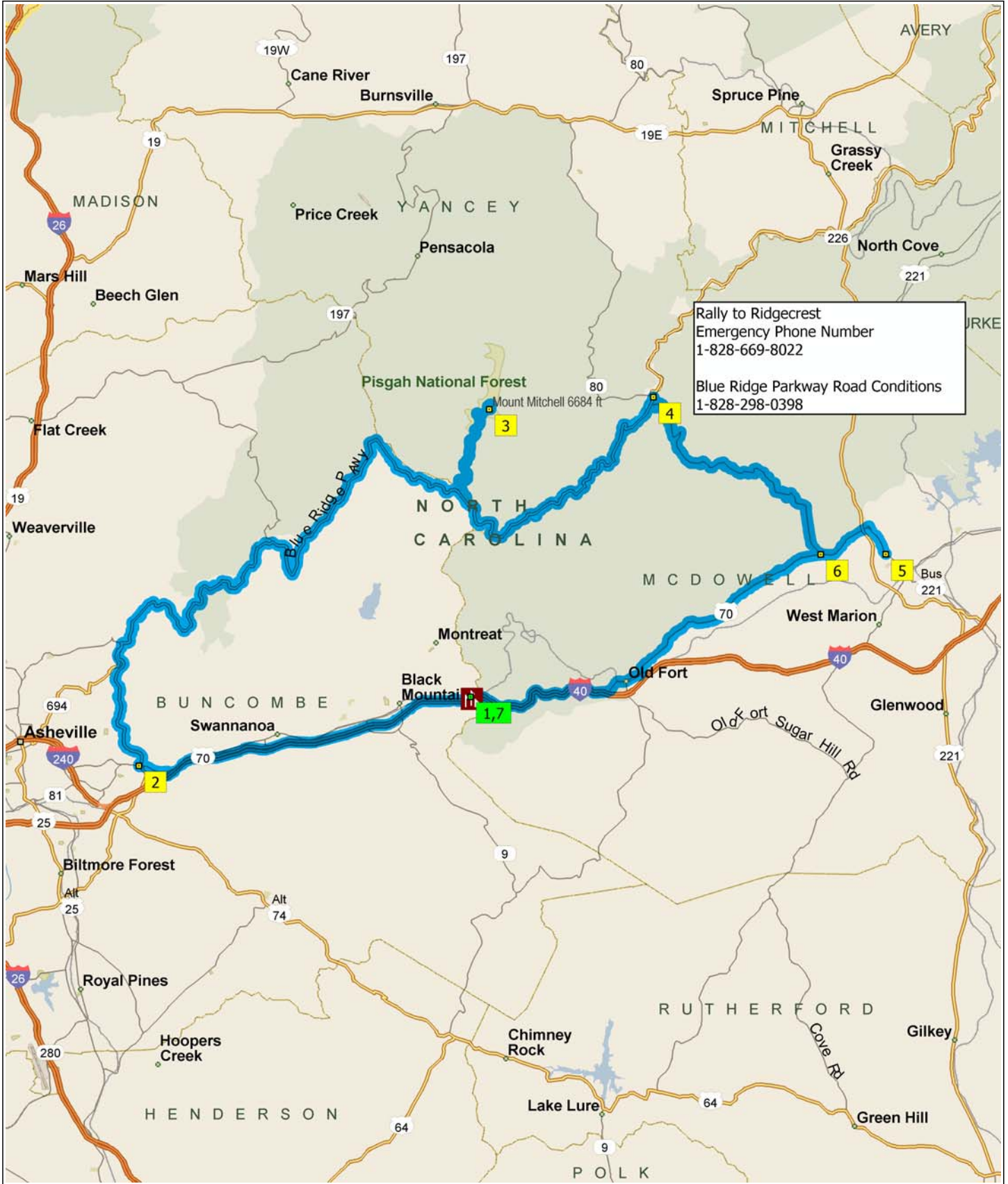


# #5 Mt. Mitchell

94.7 miles; 4 hours, 24 minutes



9:00 AM	0.0 mi	<b>1</b> Depart Ridgecrest on Local road(s) (South-West) for 43 yds
9:00 AM	0.1 mi	Turn LEFT (South-East) onto Tupper Rd, then immediately turn RIGHT (West) onto US-70 [Old US-70 East] for 0.6 mi
9:02 AM	0.6 mi	Turn LEFT (South) onto Dunsmore Ave, then immediately turn RIGHT (West) onto Ramp for 0.2 mi
9:02 AM	0.9 mi	Merge onto I-40 [US-70] for 10.1 mi
9:13 AM	10.9 mi	At exit 55, turn RIGHT onto Ramp for 0.2 mi towards US-70 / E Asheville / V a Hospital
9:13 AM	11.2 mi	Keep RIGHT to stay on Ramp for 87 yds
9:13 AM	11.2 mi	Keep STRAIGHT onto Porter Cove Rd for 0.1 mi
9:13 AM	11.4 mi	Turn LEFT (West) onto US-70 [Black Mountain Hwy] for 0.9 mi
9:15 AM	12.3 mi	Keep STRAIGHT onto US-70 [Tunnel Rd] for 131 yds
9:15 AM	12.4 mi	Keep RIGHT onto Ramp for 54 yds towards Blue Ridge Pky
9:15 AM	12.4 mi	<b>2</b> At near Parkway Forest, stay on Ramp (North) for 0.1 mi
9:16 AM	12.5 mi	Turn LEFT (North) onto Blue Ridge Pkwy for 27.0 mi
9:59 AM	39.5 mi	Turn LEFT (North) onto SR-128 for 4.8 mi
10:07 AM	44.3 mi	Turn RIGHT (West) onto Local road(s) for 65 yds
10:08 AM	44.3 mi	<b>3</b> Arrive Mount Mitchell 6684 ft
11:08 AM	44.3 mi	Depart Mount Mitchell 6684 ft on Local road(s) (East) for 65 yds
11:08 AM	44.3 mi	Turn LEFT (North) onto SR-128 for 4.8 mi
11:16 AM	49.1 mi	Turn LEFT (South-East) onto Blue Ridge Pkwy for 11.2 mi
11:34 AM	60.3 mi	Keep RIGHT onto Ramp for 109 yds towards NC-80
11:35 AM	60.4 mi	Keep LEFT to stay on Ramp for 54 yds towards NC-80
11:35 AM	60.4 mi	<b>4</b> At Buck Creek Gap, turn RIGHT (South-East) onto SR-80 for 12.0 mi
11:54 AM	72.5 mi	Bear LEFT (East) onto US-70 for 2.0 mi
11:57 AM	74.5 mi	Bear RIGHT (South) onto US-221 Bus [US-70] for 1.1 mi
11:59 AM	75.6 mi	<b>5</b> Arrive Moondoggy's Clasic Diner
12:59 PM	75.6 mi	Depart Moondoggy's Clasic Diner on US-221 Bus [US-70] (West) for 1.1 mi
1:00 PM	76.8 mi	Bear LEFT (West) onto US-70 for 2.0 mi
1:03 PM	78.8 mi	<b>6</b> At near Pleasant Gardens, stay on US-70 (West) for 7.2 mi
1:12 PM	86.0 mi	Keep STRAIGHT onto US-70 [E Main St] for 1.2 mi
1:14 PM	87.3 mi	Keep STRAIGHT onto US-70 [Main St] for 0.3 mi
1:15 PM	87.6 mi	Keep STRAIGHT onto US-70 for 0.5 mi
1:15 PM	88.0 mi	Take Ramp (RIGHT) onto I-40 [US-70] for 5.8 mi towards I-40 / US-70
1:21 PM	93.8 mi	At exit 66, turn RIGHT onto Ramp for 0.2 mi towards Ridgecrest
1:22 PM	94.0 mi	Turn RIGHT (North) onto Dunsmore Ave, then immediately turn RIGHT (East) onto US-70 [Old US-70 East] for 0.6 mi
1:23 PM	94.7 mi	Turn LEFT (North-West) onto Tupper Rd for 21 yds
1:24 PM	94.7 mi	Turn RIGHT (North-East) onto Local road(s) for 43 yds
1:24 PM	94.7 mi	<b>7</b> Arrive Ridgecrest